

5 Mile Trail Run/Walk/Hike for Sight!

When: Saturday, March 7, 2009

Start Time: 8:00am EST (Check-in will begin at 7:00am EST)

Where: Stone Mountain Park

Directions from Downtown Atlanta: I-20 East to I-285 North, Take Exit 39B, to US Hwy 78 East (Snellville/Athens) exit. Travel 7.7 miles to Exit 8, the Stone Mountain Park Main Entrance. Follow the exit ramp to the East Gate entrance. Parking is \$8 per car. Annual Parking pass is \$35. Please consider carpooling. Once in the park, follow Jefferson Davis Dr. and turn Left on Robert E. Lee. Turn Right on Old 78 Hwy and park at the Studdard Picnic Area.

Facilities: There are (4) portable potties at the Studdard Picnic Area. Portable potties will also be available along the course.

Course Description & Map: The course will follow the Cherokee Trail, which circles the mountain. Participants will cross streams, leaves, rocks, roots and granite across the mountain. A detailed course description and map will be provided the day of the event.

Run/Walk/Hike: Participants are welcome to complete the course on foot by running, walking or hiking. No strollers, dogs, headphones or children under the age of 18 are permitted, for safety reasons.

Aid Station: There will be one aid station with water and sports drink located at the road crossing at Stonewall Jackson Drive.

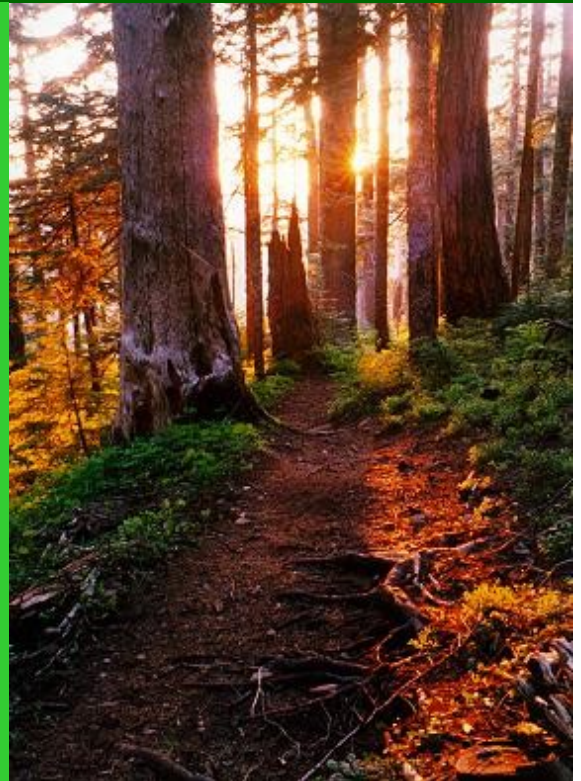
Inclement Weather: Event will go on, rain or shine. Event will be cancelled if it snows, if it's icy or if the temperature is below 20 degrees. In the event of rain, participants will run around the mountain (5 miles) on the sidewalk, rather than on the trail.

Timing: Times will be recorded, however there will be no prizes. This is not a race. It's a Fun Run/Walk/Hike. Be sure to check-in upon your arrival and when you finish.

Entry Fee: There is none. A donation of \$30 is requested of all participants. Checks and cash accepted. Checks should be made payable to Georgia Eye Bank. All donations are tax deductible. All proceeds from this event will benefit Georgia Eye Bank! A fleece jacket will be provided to those who donate \$250.

Goodies: A goodie bag, including t-shirt, will be provided for all participants and volunteers. Water, sports drink and breakfast items will also be provided.

Contact: Mari Fridenmaker (404.667.0817 or trimarifri@gmail.com)



Thanks:

Georgia Eye Bank

Peachtree Tri Club

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Participants, Volunteers & Donors



GEORGIA EYE BANK, INC.